

MIDDLE SCHOOL ATHLETIC INFORMATION

Step 1: Register your athlete in Final Forms. <https://avondaleschools-mi.finalforms.com/>

Step 2: Upload a valid physical that has been completed after April 15th, 2025.

FREE SPORTS PHYSICALS AT THE TEEN HEALTH CLINIC

CALL (248) 537-6235, or email: katarzyna.koplejewski@avondaleschools.org or
zlee@honorcommunityhealth.org To make an appointment.

***ALL Athletes must have step 1 and 2 completed prior to showing up to the first day of tryouts.**

***Tryouts dates are tentative and subject to change**

Sport Specific Information

FALL SPORTS:

Fall Sports begin August 25th

- **Football**
 - Coach: Steve Lehoczky- amsmustangsfootball@gmail.com
- **Cross Country**
 - Coach: Robin Bovensiep- robin.bovensiep@avondaleschools.org
- **Sideline Cheer:**
 - Coach: Sarah Gilbert- sarah.gilbert@avondaleschools.org
- **Girls Basketball**
 - Coach Ashley Smith

WINTER SESSION 1 SPORTS:

Winter 1 Sports begin October 27th

- **Boys Basketball:**
 - Coach: Charles Rollins- charles.rollins@avondaleschools.org
- **Competitive Cheer:**
 - Coach: Sarah Gilbert- sarah.gilbert@avondaleschools.org

WINTER SESSION 2 SPORTS:

Winter 2 Sports begin January 20th

- **Wrestling:**
 - Coach: Shane Gubariu- gubariu.shane@gmail.com
- **Girls Volleyball:**
 - Coach: TBD- Email Athletic Director with questions.

SPRING SPORTS:

Spring Sports begin April 7th

- **Coed Track and Field:**
 - Coaches:
 - Sarah Gilbert- sarah.gilbert@avondaleschools.org
 - Micheal Henige- michael.henige@avondaleschools.org
 - Dallas Paritee- dallas.paritee@avondaleschools.org

Athletic Director: Melissa Tuccini melissa.tuccini@avondaleschools.org