



Rochester United Shark Lacrosse

2025 Spring Registration is now Open



Sharks Lacrosse has been teaching future lacrosse player for 19 years. We teach so that kids can learn to play and have fun.

Sharks program will have three (3) different age groups

- **1st ,& 2nd Grade Team.** This team will practice and play 4 round robin league games
- * **3rd ,& 4th Grade Team.** This team will practice and play 4 round robin league games
- * **5th ,& 6th Grade Team.** Will practice and play league games and a local tournament.
- * **7th ,& 8th Grade Team.** Will practice and play league games and Two (2) local tournaments (Lax Bash).

Registration is now open on our website
<https://www.rochesterunitedsharks.com>



- Full equipment is required (contact sport)
- Coed Teams, Or contact coach Bob for Girls team
- Goalies that sign up first, are totally free registration.
- If registration fills, a second team will be added, with a tryout for the A team.
- Contact Coach Bob if you have any questions “rusl.dimarco@gmail.com”
- USA Lacrosse registration is required to register.
- We play in the Suburban Lacrosse League, 20 programs, total of 70 house teams.



RUSL contact: Coach Bob 248-376-8033